

Handwashing Guidelines

PURPOSE:	Handwashing Guidelines			
DATE:	3/22/17			
Step No.	What do I do? (VSM step/workflow step)	How do I do it? (Detailed steps - sequential order)	Time	Why do I do it? (Reason why the step is required)
1	Soap and Water Hand Washing	<ol style="list-style-type: none"> 1. Locate a clean sink (sinks designated as "dirty" cannot be used for hand-washing). 2. Wet your hands with clean, running water (warm or cold), and apply soap. 3. Lather your hands by rubbing them together with the soap. Be sure to lather the front and backs of your hands, between your fingers, under your nails, wrists and fingertips. 4. Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice. 5. Rinse your hands well under clean, running water. 5. Dry your hands using a clean towel, and turn off the water without touching the tap. 	Approx 1 .5 minutes	To break the chain of transmission of pathogens between people.
<p>Please refer to WHO handwashing guidelines. A video of how to perform hand hygiene can be found here: https://www.youtube.com/watch?v=3PmVJQUCm4E&t=18s</p>				