



SEPSIS awareness

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SSMHealth Sepsis Awareness in the Ambulatory Setting

September is National Awareness Month • September 9th Tips & Facts

There is limited evidence based best practice recommendations for post-acute care

- Early referral to rehabilitation
- Referral for mental health care

Early identification of Sepsis in the Ambulatory setting is complex.

Please consider the following, **think sepsis!**

- Abnormal Vital Signs without Shock
 - Heart Rate \geq 130 beats/min
 - Respiratory rate \geq 24 breaths/min
 - Systolic blood pressure \leq 90mmHg (Exclude persistent SBP<90mmHg)
- Fever or extreme shivering
- Confusion or slurred speech
- Passing no urine all day
- Muscle pain
- Severe breathlessness
- Patient's reporting "feeling like they are going to die"
- Mottled or discolored skin

For resources related to diagnosis and early management of sepsis in the ambulatory setting please click the following link: [Sepsis: Recognition, diagnosis, and early management.](#)

Age specific algorithms for: identifying people with suspected sepsis

- [children under 5 out of hospital](#)
- [children aged 5 to 11 years out of hospital](#)
- [children and young people aged 12 to 17 out of hospital](#)
- [adults aged 18 and over out of hospital](#)

This guidance should be used together with the [algorithms organised by age group and treatment location and the risk stratification tools.](#)