



SEPSIS

awareness



WITH

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OKLAHOMA CITY, OKLAHOMA**

What conference did you attend?

Pacific Northwest Sepsis Conference – Seattle, Washington

When was it?

June 17 – 18, 2019

Who were the audience members, and who was presenting?

Audience members from across the U.S. (Physicians, Nurses, Pharmacists, Physical Therapists)

There were 34 presenters in all:

David Carlbom, MD – Harborview Medical Center, Seattle, WA

Emanuel Rivers, MD - Henry Ford Hospital, Detroit, MI

Laura Evans, MD – Bellevue Hospital Center, New York, NY

Niranjan “Tex” Kissoon, MD – British Columbia Children’s Hospital, Vancouver, BC

John Lynch, MD – Harborview Medical Center, Seattle, WA

Nicholas Johnson, MD – Harborview Medical Center, Seattle, WA

Elizabeth Levins, PharmD – Oregon Health Sciences University, Portland, OR

David Sweet, MD – Vancouver General Hospital, Vancouver, BC

Jennifer Graham, MSN, RN – St. Luke’s Hospital, Boise, ID

Margie Bridges, DNP – Overlake Hospital and Medical Center, Bellevue, WA

Laura Quinnan, MD – Northwest Hospital and Medical Center, Seattle, WA

Julie Rogers, RN, CCRN / Kathy Watts, BSN – JPS County Hospital, Fort Worth, TX

Mary Cook Sullivan, MSN, RN – University of California San Francisco Medical Center, San Francisco, CA

Angela Alday, MD – Oregon Health Sciences University, Portland, OR

Jesse Wenger, MD – Seattle Children’s Hospital, Seattle, WA

Hector Valdivia, ARNP – Seattle Children’s Hospital, Seattle, WA

Francine Won, PT – Seattle Children’s Hospital, Seattle, WA

Catherine “Terri” Hough, MD – Harborview Medical Center, Seattle, WA

Jerry Zimmerman, MD – Harborview Medical Center / Seattle Children’s Hospital, Seattle, WA

Reid Farris, MD – Harborview Medical Center / Seattle Children’s Hospital, Seattle, WA

Stephanie Brown, MBBS – Seattle Children’s Hospital / University of Washington, Seattle, WA

David Butler, MD - Seattle Children’s Hospital / University of Washington, Seattle, WA

Elizabeth Bridges, PhD, RN – University of Washington, School of Nursing, Seattle, WA

Sean Townsend, MD – Sutter Health California Pacific Medical Center, San Francisco, CA

Zahra Escobar, PharmD – Valley Medical Center, Renton, WA

Simon Finfer, MD – Royal North Shore Hospital of Sydney / Sydney Adventist Hospital (teleconference)

Nicole Kupchik, MN, RN – Nicole Kupchik Consulting, Seattle, WA

Sam Mandell, MD – Harborview Medical Center, Seattle WA

Beau Sober, MD – Harborview Medical Center, Seattle WA

Rick Bassett, MSN, RN / Susan Haskell, MSN, RN – St. Luke’s Health System, Boise, ID

Emily Pinkham – Providence Everett Medical Center, Everett, WA

Courtney Bello Neves, PhD, RN – Virginia Mason Medical Center, Seattle, WA

What are 3-5 key learnings you gained from the conference? Why do you think these are important?

1. The necessity of a Code Sepsis.
It has been proven that facilities that have a Code Sepsis in place do astronomically better than facilities that do not.
2. The importance of fluid resuscitation.
Patients that receive 30mg/kg have quicker improvement times and overall decreased mortality. Mortality increases an estimated 5% for every hour fluids are delayed.
3. The need for Post Sepsis Syndrome education.
I think as healthcare providers in the hospital we are so caught up in the moment that we don’t always consider what the patient is faced with once they discharge home.

What are you implementing in your ministry or region based on your learnings?

My focus moving forward is to try and establish a Code Sepsis and focus on the importance of Post Sepsis Syndrome education for patients and families.

What improvements do you plan?

Care plan updates to include case management consults (financial resources, dietary needs, support system, etc.), PT/OT consults to assess needs post discharge, discharge instruction / resources for patients and families as to what to expect.

Why are they needed?

Patients that suffer from Post Sepsis Syndrome struggle with issues such as weakness/fatigue, shortness of breath on exertion, loss of appetite/weight loss, disabling muscle or joint pain, difficulty concentrating, decreased cognitive functioning, panic attacks, hallucinations, nightmares, difficulty sleeping, and depression.

Where can other SSM regions or ministries get information about the conference presentations/material?

<https://blogs.uw.edu/sepsis/2019/06/05/pacific-northwest-sepsis-conference-agenda-6-17-2019/>

<https://blogs.uw.edu/sepsis/2019/06/05/pacific-northwest-sepsis-conference-agenda-6-18-2019/>

The next Pacific Northwest Sepsis Conference is:



June 15-16, 2020
#SepsisInSeattle2020

<https://www.uwmedicine.org/provider-resource/sepsis-conference>

SAVE THE DATE!