In SSM Health’s endeavors to reduce sepsis and sepsis mortality, resources and activities available for raising sepsis awareness are being made available to your regions and ministries.

This toolkit is focused on the *Sepsis Experience: Escape the Room*

Participation is not required. Should your region or ministry choose to participate, guidelines are offered on the following page.

Thank you for your continued leadership in reducing sepsis, sepsis mortality and providing exceptional care to our patients!

Contact:

Shelley Powell, SSM Health Center for Clinical Excellence, System Manager for Clinical Quality

[Shelley.Powell@ssmhealth.com](mailto:Shelley.Powell@ssmhealth.com)

314-989-2752
A recent survey from the Sepsis Alliance found that sepsis awareness has increased in the U.S. significantly since 2017, however, only 12% of adults can correctly identify all of the signs and symptoms of sepsis.

Healthcare systems across the country have been finding unique ways to help improve their nursing staff, providers and patient’s awareness and recognition of sepsis. Simulation based escape rooms or escape boxes have been a fun and memorable way to do just this.

Below are links to help each ministry create a entertaining and memorable experience for your staff and providers.

- Article from the Journal of Human Anatomy and Physiology Society with step by step instructions on the process and steps to escape the box!

https://www.healthleadersmedia.com/nursing/nurses-create-escape-room-increase-sepsis-awareness
- Concept and feedback from Penn Presbytarian Medical Center’s intradisciplinary approach to the experience.

- More on the success at Penn Presbyterian Medical Center, including photos.

https://games.focusgames.co.uk/SepsisGameGeneral/focus-game-admin-SepsisGameGeneral/iPad/index.html
- Another great option or resource if this experience won’t work in your ministry!