



SSM Health Adult Day Services Newsletter September 2022

Happy Birthday

Noreen: September 5
Sandy: September 10
Gerhard: September 11
Mary Jane: September 12
Kathy: September 16
Don: September 25

Did You Know...

September 21 is World Alzheimer's Day. According to nationaltoday.com, here are five important facts of Alzheimer's disease:

- 1) One in three seniors dies of Alzheimer's disease or another type of dementia. This is more deaths than breast and prostate cancers combined.
- 2) Deaths have increased more than 120 percent since 2000.
- 3) By the year 2050, it is estimated that the number of Americans suffering from Alzheimer's disease will reach nearly 14 million.
- 4) Statistics show that women represent approximately two-thirds of Americans with Alzheimer's.
- 5) Statistics also show that Hispanics are approximately one and a half times as likely to have Alzheimer's and other dementias compared to older, white, non-Hispanics.

If you are interested in joining the SSM Health Adult Day Services walk team for the Walk to EndAlz, which is scheduled at MPTC on October 1, please contact Julie Schwartz at 920-926-5099 for more details. You can join support/join the team without needing to be physically present on walk day. SSM Health has proudly sponsored the walk this year, and we are so grateful for that!

From Julie's Desk

Greetings! It is hard to believe we are approaching the beginning of another season in 2022! I would like to congratulate John Steffes who was the winner of our coloring contest for Alzheimer's and Brain Awareness month in June. Thank you to ALL the clients who participated. We had many wonderful drawings hung up at the center for everyone to enjoy. We have received many participant satisfaction surveys back in the mail, so thank you for getting these back to us so we may review your thoughts and comments on our program. We have many fun activities planned this month for the clients, trying to enjoy the rest of the warm weather! Please let us know if you have not been able to do a trishaw bike ride yet this summer, and we will try our best to get you on one this month! God's many blessings to you all!

UPDATE: Our newsletter and calendar can be found by clicking on [this link](#) or visit ssmhealth.com (search Adult Day Services under Locations).

"Wrinkles will only go where the smiles have been."

~ Jimmy Buffet

COVID-19 Info for Families

NEW: Beginning Tuesday, September 6, we will transition to a new drop-off/pickup process which will be similar to what we were doing pre-pandemic. We will assist you in working through this change as best we can during the first week or two. Please bring client into the entryway, sign them in, and wait for staff. Staff will hear the doorbell after you come in the first door which will alert them to meet you in the entryway. Everyone **MUST** wear a mask upon entrance (masks will be available). When you sign in, you are attesting to having no current symptoms of COVID-19 (listed on sign-in sheet) and no known exposures to a positive case in the past 14 days. Given the vulnerable client group we serve here, it is imperative that we can trust you to follow these measures. If the client has had a known exposure to the virus in the previous 14 days, please call prior to coming and notify a nurse for further instructions. When you return to pick up your loved one at the end of their day, please call our main number 920-921-5812 to let staff know you are here and then staff will meet you in the entryway with your loved one. We will no longer be going out to vehicles at drop-off and pickup times. Thank you for your patience and cooperation while we work through this new process.

REMINDER: Please try to keep up with vaccine booster schedule recommendations, as this is so important to keeping our client group as healthy and safe as we can.

For COVID-19 activity in our community, please reference the following websites:

State of WI DHS (Department of Health Services): <https://www.dhs.wisconsin.gov/covid-19/disease.htm>

CDC: <https://covid.cdc.gov/covid-data-tracker/#county-view>

Outings/Events

- Armstrong Orchard: Wednesday afternoon, September 6
- Kelly's Creamery: Friday afternoon, September 9
- Cake decorating demo with Susan: Tuesday, September 13, 1 pm
- Music/Entertainment: Deb Guy, harpist, Wednesday, September 14, 10 am
- Pancit demo with Edna (CNA): Tuesday, September 20
- Lunch at Sunset on the Lake: Wednesday, September 21
- Music/Entertainment: Rob Peterson, Friday, September 23, 10 am
- Picnic lunch at Lakeside Park: Tuesday, September 27

Please check with staff regarding your loved one's account balance prior to the outing/event. Smaller bills are appreciated, if possible, for the purpose of making change.

Volunteers

Tuesday mornings with Mike and his furry friends (pet therapy)

Tuesday and Wednesday mornings with Judy

Alzheimer's Association Support Group

Our next Alzheimer's Support group is scheduled at 1:30 pm on September 13. SSM Health requires that visitors wear a mask when visiting our facilities. **Please do not attend if you are ill, have been diagnosed with COVID-19, or in close contact with a positive case.** If you are unable to attend our meeting, which is held the second Tuesday of each month at 1:30 pm, you may visit the Alzheimer's Association website at www.alz.org or call their 24/7 Hotline at 800-272-3900 for support and assistance. If you are struggling and unable to find a resource, please always feel you can reach out to one of the facilitators here for assistance at 920-921-5812. Facilitator: Julie Schwartz, RN. Co-Facilitator: Sandra Isaac, CNA

Wish List

Wild bird seed (we are good on suet cakes and black sunflower seeds); seasonal paper products for picnics, special events, etc; Jergen's Original lotion (Cherry Almond scent only); baby wipes (unscented); candy for bingo prizes or other snacks for bingo prizes; cardstock (12x24, any color), or gift cards for any of the dollar stores, Amazon, or Walmart

A Friendly Reminder

Please be sure to label clothing and outerwear as this will make it easier for us to identify who it belongs to.

Thank You!

We received multiple donations from our wish list in August. Thank you everyone! We are so very blessed and grateful for your generosity and support of our program!

Looking Ahead to Holiday Closings

- Thanksgiving Day, Thursday, November 24, 2022
- Friday after Thanksgiving Day, November 25, 2022
- Christmas, closed Monday, December 26, 2022
- New Year's Day, closed Monday, January 2, 2022