

<b>October 2022</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		Sep 28	Sep 29	Sep 30
<i>Menu is subject to change without notice. No substitutions allowed</i>	<i>All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred during cross-contact.</i>	Turkey Pasta Salad Whole Wheat Bread & Butter Spinach Salad with Dressing Applesauce Dessert Milk	Chicken Parmesan Whole Wheat Spaghetti Red Peppers & Spinach Orange Slices Milk	Macaroni and Cheese Whole Wheat Bread (butter) Baked Beans Mixed Veggies Banana Dessert Milk
3	4	5	6	7
BBQ Pulled Pork on Bun Broccoli Baked Beans Cole Slaw Pineapple Orange Juice	Turkey Breast with Gravy Mashed Potatoes Peas Dessert Whole Wheat Bread Peaches	Whitefish Florentine Brown Rice Carrots Dessert Mandarin Oranges Three Bean Salad	Roast Chicken Roasted Potatoes Butternut Squash Whole Wheat Bread Banana Dessert	Pork Ragu over Roasted Red Pepper Polenta Zucchini Dessert Cucumber Salad Whole Wheat Bread Dried Fruit Cranberries
10	11	12	13	14
Spinach Pie Yellow Squash Dessert Mixed Fruit Whole Wheat Bread Orange Juice	Chicken Parm over Whole Grain Pasta Zucchini Sautéed Greens Dessert Pears	Tuna Salad over Mixed Greens Three Bean Salad Whole Wheat Bread Cucumber Salad Applesauce	Chicken Cacciatore over Rice Corn Creamed Spinach Banana Dessert	Chicken Pot Pie Broccoli Carrots Dried Fruit Apricots Whole Wheat Bread Dessert
17	18	19	20	21
Beef Enchilada Pie Green Beans Broccoli Pineapple Whole Wheat Bread Orange Juice	Chicken with Gravy Brown Rice Peas Sautéed Greens Peaches Three Bean Salad Dessert	Shepherd's Pie w/ Mashed Potato Topping Butternut Squash Creamed Spinach Whole Wheat Bread Mandarin Oranges Dessert	Mushroom Chicken Stir Fry Brown Rice Zucchini Dessert Mixed Green Salad Banana	Wisconsin Style Bratwurst on Bun Sauerkraut Baked Beans Glazed Carrots Cole Slaw Dried Fruit Cranberries Dessert
24	25	26	27	28
Lasagna Yellow Squash Corn Whole Wheat Bread Mixed Fruit Orange Juice	Chicken Salad Sandwich Cucumber Salad Potato Salad Pears Dessert	Beef Marinara Whole Wheat Pasta Broccoli Dessert Applesauce Three Bean Salad	Veggie Frittata Sweet Potato Dessert Mixed Green Salad Banana Whole Wheat Bread	Tater Tot Casserole Zucchini Dessert Dried Fruit Apricots Whole Wheat Bread Cole Slaw
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Roast Pork Loin Brown Rice Creamed Spinach Butternut Squash Pineapple Orange Juice				